Addiction / Dual Diagnosis

Sovereign Health is a leader in the treatment of addiction, mental health disorders and dual diagnosis. Dual diagnosis refers to a mental health condition and substance abuse occurring simultaneously.

Sovereign believes that addiction is a chronic brain disease that may include periods of relapse. It is important to note that repeated relapses after periods of sobriety may indicate the presence of an underlying disorder requiring professional treatment.

At Sovereign Health, we specialize in the complex assessment and multidisciplinary care required to successfully treat patients who are struggling with dual diagnosis. Our behavioral health team of master- and doctoral-level therapists are uniquely qualified to treat the mental health conditions that often accompany substance abuse.

Treatment Programs Offered:
- Detoxification
- Primary Mental Health
- Substance Use
- Dual Diagnosis
- Telehealth
- Eating Disorders
- Pain Recovery
- CROSS: Christian Recovery Offering Significant Success
- POWER: Primary Opportunities for Women Experiencing Recovery
- PRIME: Personal Recovery Integrating Men’s Experiences

For more information, please visit www.sovhealth.com

24/7 ADMISSIONS HELPLINE
866.877.8351
We attribute much of our success to the holistic approach we employ with each individual patient. Multidisciplinary aspects of care are all interrelated and each person has different needs. From arrival to discharge, our treatment team includes each dual diagnosis patient in all decision-making related to his or her own plan of care.

Patients Served
- Adolescents
- Adults
- Males, Females and Transgender

Levels of Care
- Detoxification
- Residential Treatment
- Partial Hospitalization
- Intensive Outpatient
- Outpatient
- Recovery Management

Meet the Chief Clinical Officer

Anthony J. Mele, Psy.D.
Dr. Anthony J. Mele is a licensed psychologist who brings almost 25 years of clinical expertise and executive leadership to the behavioral healthcare industry. As Chief Clinical Officer for Sovereign Health, Dr. Mele oversees the development and delivery of state-of-the-art behavioral health treatment serving hundreds of patients in a nationwide network of facilities.

"What first struck me about this organization is the amount of passion the staff displays regarding the mission of Sovereign Health. It’s obvious that the administrative and clinical staff all have a shared commitment to helping the patients, and I’m thrilled to be a part of that."

– Dr. Anthony J. Mele
Chief Clinical Officer

Treatment Modalities (Vary by Location)
- Individual, Group and Family Therapy
- Cognitive Rehabilitation and Brain Wellness
- Experiential Therapy
- Nutrition and Exercise Programs

Multidisciplinary Team
- Psychiatrist
- Primary Therapist
- Case Manager
- Family Therapist
- Clinical Concierge

Ancillary Services (Vary by Location)
- Court / Legal Services
- Financial Counseling
- Life Skills / Vocational Planning
- Advanced Laboratory Services (Pharmacogenetic Testing)

“Sovereign is a brain wellness organization. We believe that the brain’s ability to repair itself is the foundation of recovery from years of substance abuse. By retraining the brain to process triggers differently, rather than avoid them, our patients learn to live in a world that will present challenges and triggers. Our measurement-based treatment approach allows us to use ongoing patient assessments to individualize treatment plans. Sovereign’s commitment to brain wellness is transforming the treatment of dual diagnosis.”

– Dr. Anthony J. Mele
Chief Clinical Officer

Most Private Insurance Accepted. Call us today at 866.877.8351 to speak with a treatment specialist, complete a confidential assessment and review financial options.